

Hi All,

We're putting together another Respite Education and Support Tools (REST) Training session. Taking this training and giving Caregivers a break can be a way to share God's love for both the senior adult and their Caregivers. REST volunteers watch over a Caregiver's loved one while the Caregiver is grocery shopping, running errands or just taking a much needed break from the all-consuming task of taking care of a dependent senior. If you have any questions about what REST volunteers do, give me a call and I'll be happy to tell you more about it. We don't have a date yet but we've had a few individuals express interest in taking the training and so we are determining who else might be interested. Please let me know if you're interested and we'll work toward a date that is compatible for everyone.

Also, we have a request to help keep a senior's lawn mowed this summer. We have one volunteer ready to help and we need to get a few more people lined up to take turns so its not too heavy of a burden on one person. I'll be getting more details soon but please keep this in mind.

Please check out our Facebook page. We're getting more help with that and we'll soon be posting more pictures, articles, news, etc.

Thank you so much for the many ways you are serving seniors and sharing God's love!

*God is not unjust; he will not forget your work
and the love you have shown him as you have
helped his people and continue to help them.*

Hebrews 6:10 (NIV)

Blessings to All,

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