Message from Pastor Dan Matney

**Sensational Seniors** 

Contact 4Eagle Senior for information or to volunteer for various projects

- Give them a break

Grief Information: Courtesy of 4Eagle Senior Care

- Some Grief Processes
- The Grief Recovery Method

Aging with Dignity – <u>Five Wishes</u> is the first living will that talks about your personal, emotional and spiritual needs as well as your medical wishes. It lets you choose the person you want to make health care decisions for you if you are not able to make them for yourself.